

What is claimed is:

1. An absorbent article comprising:
 - a) a chassis;
 - b) at least one sidewall adjacently disposed to the chassis; and
 - c) at least one handle for assisting in the application of the article onto a wearer wherein the handle is disposed adjacent to either the chassis or sidewall.
2. The absorbent article of claim 1 wherein the chassis further comprises a liquid pervious topsheet, a liquid impervious backsheet joined with the topsheet, and an absorbent core interposed between the topsheet and backsheet.
3. The absorbent article of claim 2 wherein the backsheet further comprises at least a nonwoven outer cover.
4. The absorbent article of claim 1 wherein the handle is a flap.
5. The absorbent article of claim 4 wherein the flap comprises a unitary construction.
6. The absorbent article of claim 4 wherein the flap comprises a multiple construction.
7. The absorbent article of claim 1 wherein the handle is a tab.
8. The absorbent article of claim 7 wherein the tab is extending from a waist edge.
9. The absorbent article of claim 1 wherein the handle is a ridge protruding outwardly from a belt zone.
10. The absorbent article of claim 9 wherein the ridge comprises an effective cross-dimension of from about 2 mm to about 15 mm.
11. The absorbent article of claim 9 wherein the ridge further comprises an insert interposed within at least one substrate.
12. The absorbent article of claim 9 wherein the ridge further comprises a cap affixed to a waist edge of the absorbent article.
13. The absorbent article of claim 9 wherein the ridge further comprises a topsheet, backsheet, or combination of both being rolled or folded and affixed to the absorbent article.
14. The absorbent article of claim 1 wherein the handle is a region within the absorbent article with a distinct grippable surface.
15. The absorbent article of claim 14 wherein the region has a palpable difference in texture, pliancy, tackiness, and/or friction compared to a surface immediately adjacent the region.
16. The absorbent article of claim 14 wherein the region has a friction coefficient greater than any remaining surfaces of the article.
17. The absorbent article of claim 16 wherein the region has a friction coefficient of from about 0.3 to about 4.0.
18. The absorbent article of claim 1 wherein the handle is an aperture through the article.

19. The absorbent article of claim 1 wherein the handle is a loop.
20. The absorbent article of claim 19 wherein the loop further comprises a structure selected from the group consisting of ribbon, string, thread, twine, and combinations thereof.
21. A kit for toilet training an infant comprising:
 - a) the article of claim 1 in the form of a training pant and
 - b) an instruction to the caregiver for transitioning the infant to proper toilet use.
22. A kit comprising more than one absorbent article of claim 1 wherein the article is positioned within said kit such that the handle is readily accessible.